

**RAJEEV GANDHI GOVT. AUTONOMOUS POST GRADUATE COLLEGE,  
AMBIKAPUR**

**UNDER GRADUATE COURSE IN  
PSYCHOLOGY  
(UNDER NEP 2020)**

**BASED ON UGC MODEL CURRICULUM**

**BACHLOR OF ARTS  
PSYCHOLOGY (HONOURS)**

**2023-24**

**SEMESTER I, II, III, IV, V & VI  
(DSC, DSCE, GE & SEC)**

## NATIONAL EDUCATION POLICY-2020

### PROGRAMME OUTCOME FOR B.A. CERTIFICATE/DIPLOMA/DEGREE COURSES

#### The students will be able to demonstrate ability –

1. to understand concept and theory of their respective subject.
2. to express thoughts and ideas effectively in writing and orally.
3. to identify relationship within and across disciplines in the humanities and social sciences.
4. to cognitive and technical skills in their field and in multidisciplinary context.
5. to select and use relevant methods and tools for problem solving .
6. to make judgment and take decisions, based on analysis of data and evidence.
7. to critically evaluate principles and theory of humanities and social sciences .
8. in digital literacy and data analysis.
9. to find a job in their field, exercise responsibilities to job assigned and start up a business .
10. to develop a sense of respect and duty towards constitutional, human and moral and professional values .
11. to Gender sensitivity and adopt gender-neutral approach.
12. to mitigating the effects of environmental degradations, climate change and pollution.

## B.A. PSYCHOLOGY (UG NEP UNDER 2020 COURSE)

Course Code	Course Type	Course (Paper/Subjects)	Credits	Contact Hours Per Week			EoSE Duration (Hrs.)	
				L	T	P	Thy	P
<b>FIRST SEMESTER</b>								
PSY 101	DSC	GENERAL PSYCHOLOGY-I	3	3	3	00	3	00
PSY 101	DSC	PRACTICALS IN GENERAL PSYCHOLOGY-I	1	1	00	1	00	1
	GE	INTRODUCTION OF PSYCHOLOGY-I	3	3	3	00	3	00
	GE	PRACTICALS IN INTRODUCTION OF PSYCHOLOGY-I	1	1	00	1	00	1
	SEC	PSYCHOLOGICAL COUNSELLING	2	2	2	00	2	00
<b>SECOND SEMESTER</b>								
PSY 101	DSC	GENERAL PSYCHOLOGY-II	3	3	3	00	3	00
PSY 101	DSC	PRACTICALS IN GENERAL PSYCHOLOGY-II	1	1	00	1	00	1
	GE	INTRODUCTION OF PSYCHOLOGY-II	3	3	3	00	3	00
	GE	PRACTICALS IN INTRODUCTION OF PSYCHOLOGY-II	1	1	00	1	00	1
	SEC							
<b>THIRD SEMESTER</b>								
PSY 101	DSC	SOCIAL PSYCHOLOGY	3	3	3	00	3	00
PSY 101	DSC	PRACTICALS IN SOCIAL PSYCHOLOGY	1	1	00	1	00	1
	DSCE	INDIVIDUAL PSYCHOLOGY	3	3	3	00	3	00
	DSCE	PRACTICALS IN INDIVIDUAL PSYCHOLOGY	1	1	00	1	00	1
<b>FOURTH SEMESTER</b>								
PSY 101	DSC	PSYCHOPATHOLOGY	3	3	3	00	3	00
PSY 101	DSC	PRACTICALS IN PSYCHOPATHOLOGY	1	1	00	1	00	1
	DSCE	POSITIVE PSYCHOLOGY IN DAY TO DAY LIVING	3	3	3	00	3	00
	DSCE	PRACTICALS IN POSITIVE PSYCHOLOGY IN DAY TO DAY LIVING	1	1	00	1	00	1



<b>DSC PSYCHOLOGY-I SEM</b>			
<b>COURSE CODE:</b>		<b>COURSE TYPE:DSC</b>	
<b>COURSE TITLE:</b>			
<b>GENERAL PSYCHOLOGY- I</b>			
<b>CREDIT: 4</b>		<b>HOURS:</b>	
<b>THEORY: 03</b>	<b>PRACTICAL: 01</b>	<b>THEORY:</b>	<b>PRACTICAL:</b>
<b>MARKS: 100</b>		<b>MARKS</b>	
<b>THEORY: 75</b>	<b>PRACTICAL:25</b>	<b>THEORY:</b>	<b>PRACTICAL:</b>
<p><b>Note- 1) OBJECTIVE TYPE QUESTIONS:-</b> Nine question to be carrying one marks each- <math>9*1=09</math>  <b>2) VERY SHORT ANSWER TYPE QUESTIONS:</b> three questions to be asked carrying three marks each (word limit-70-100 words) <math>3*3=09</math>  <b>3) SHORT ANSWER TYPE QUESTIONS:</b> Three questions to be asked. Three to be attempted carrying five marks each (word limit- 200-250 words) <math>5*3=15</math>  <b>4) LONG ANSWER TYPE QUESTIONS:</b> Three questions to be asked. Three to be attempted carrying nine marks each (word limit – 500-600 words ) <math>9*3=27</math></p>			
<b>UNIT-1</b>	<b>ORIENTATION TO PSYCHOLOGY:-</b>		
	<ul style="list-style-type: none"> <li>a) Nature, fields and applications of psychology.</li> <li>b) Cognitive process: Learning, memory and problem solving.</li> <li>c) Conative process: Motivation, types of motives(Sociogenic Psychogenic motives)</li> <li>d) Affective process: Emotion, Positive and negative emotion.</li> </ul>		
<b>UNIT-2</b>	<b>PSYCHOLOGY OF INDIVIDUAL DIFFERENCES:-</b>		
	<ul style="list-style-type: none"> <li>a)Theories of personality: Freud ,Maslow.</li> <li>b) Theories of intelligence: Spearman, Thurston.</li> <li>c)Emotional intelligence.</li> </ul>		
<b>UNIT-3</b>	<b>SCHOOLS OF PSYCHOLOGY:-</b>		
	<ul style="list-style-type: none"> <li>a) Structuralism</li> <li>b) Cognitive Schools of psychology</li> <li>c) Behaviourism</li> </ul>		

Reference:-

- 1) Baron,R.A.&Byrne,D.A.Understanding Behavior. Tokyo:Halt Sounders.
- 2) Zimbardo,P.G.Psychology. NewYork:Haper Collings College Publishers.
- 3) SAMANY MANOVIGYAN KI RUPREKHA-DR.ARUN KUMAR SING
- 4) GENERAL PSYCHOLOGY – JANKI NURJAANI ,MEENA JAIN

## B.A.I SEM (DSC) (GENERAL PSYCHOLOGY)

### Practical

### COURSE OUT COME

CO1- comprehensive understandings of psychological testing and lab experiments .

Co2- able to develop to assecc problem solving,eq. stm and habbit interference.

#### PO CO MAPPING

	PO1	PO2	PO3	PO4	PO5	PO6	PO7	PO8	PO9	P10	PO11	P12
CO1	✓											
CO2		✓										
CO3												
CO4												
CO5												
CO6												
CO7												
CO8												

<b>DSC PSYCHOLOGY-I SEM</b>	
<b>COURSE CODE:</b>	<b>COURSE TYPE:DSC</b>
<b>COURSE TITLE:</b>	
<b>PRACTICALS IN GENERAL PSYCHOLOGY- I</b>	
<b>CREDIT: 1</b>	<b>HOURS:</b>
<b>THEORY:                      PRACTICAL: 01</b>	<b>THEORY:                      PRACTICAL:</b>
<b>MARKS:</b>	<b>MARKS</b>
<b>THEORY:                      PRACTICAL:25</b>	<b>THEORY:                      PRACTICAL:</b>
<b>PART-A</b>	<p>Note:- This consist of two parts: part A comprises of psychological testing and part B comprises of laboratory experiment.</p> <p>(ANY ONE OF THE FOLLOWING)</p> <p>Psychological Testing :-</p> <ol style="list-style-type: none"> <li>1) Problem solving</li> <li>2) Cognitive style</li> <li>3) Emotional Intelligence.</li> </ol>
<b>PART-B</b>	<p>Experiment:-</p> <ol style="list-style-type: none"> <li>1)Short term Memory (MTS)</li> <li>2)Learning curve/Serial positive curve</li> </ol>



GE PSYCHOLOGY-I SEM			
COURSE CODE:		COURSE TYPE:GE	
COURSE TITLE:			
INTRODUCTION OF PSYCHOLOGY-I			
<b>CREDIT: 4</b>		<b>HOURS:</b>	
<b>THEORY: 03</b>	<b>PRACTICAL: 01</b>	<b>THEORY:</b>	<b>PRACTICAL:</b>
<b>MARKS: 100</b>		<b>MARKS</b>	
<b>THEORY: 75</b>	<b>PRACTICAL:25</b>	<b>THEORY:</b>	<b>PRACTICAL:</b>
<p>Note- 1) <b>OBJECTIVE TYPE QUESTIONS:-</b> Nine question to be carrying one marks each- 9*1=09            2) <b>VERY SHORT ANSWER TYPE QUESTIONS:</b> three questions to be asked carrying three marks each (word limit-70-100 words) 3*3=09            3) <b>SHORT ANSWER TYPE QUESTIONS:</b> Three questions to be asked. Three to be attempted carrying five marks each (word limit- 200-250 words) 5*3=15            4) <b>LONG ANSWER TYPE QUESTIONS:</b> Three questions to be asked. Three to be attempted carrying nine marks each (word limit – 500-600 words ) 9*3=27</p>			
<b>UNIT-1</b>	<p>INTRODUCTION:-            Nature and scope of Psychology, Goals of Psychology, Biological bases of behavior , Neurons, CNS, ANS.</p>		
<b>UNIT-2</b>	<p>SENSATION,PERCEPTION,ATTENTION:-            Meaning and nature of sensation, Attributes of sensation, Nature of perception, perceptual /organization, perceptual constancy, Depth perception, Illusion, Nature and types of Attention.</p>		
<b>UNIT-3</b>	<p>Learning and motivation:-            Meaning and nature of learning Role of motivation in Learning. Thordike theory of connectionism, Skinner theory, Insight theory. Meaning and nature of Motivation. Basic Motivational concepts.</p>		

Reference:-

- 1) Baron, R.A. & Byrne, D.A. Understanding Behavior. Tokyo: Halt Sounders.
- 2) Zimbardo, P.G. Psychology. NewYork: Haper Collings College Publishers.
- 3) SAMANY MANOVIGYAN KI RUPREKHA-DR.ARUN KUMAR SING



## I SEM (G.E) (INTRODUCTION OF PSYCHOLOGY)

### Practical

### COURSE OUT COME

CO1- comprehensive understandings of psychological testing and lab experiments .

Co2- able to develop to assecc memory,attention and perception.

#### PO CO MAPPING

	PO1	PO2	PO3	PO4	PO5	PO6	PO7	PO8	PO9	P10	PO11	P12
CO1	✓											
CO2					✓							
CO3												
CO4												
CO5												
CO6												
CO7												
CO8												

<b>PSYCHOLOGY-I SEM</b>	
<b>COURSE CODE:</b>	<b>COURSE TYPE:DSC</b>
<b>COURSE TITLE:</b>	
<b>PRACTICALS IN INTRODUCTION OF PSYCHOLOGY - I</b>	
<b>CREDIT:</b>	<b>HOURS:</b>
<b>THEORY:</b> <b>PRACTICAL: 01</b>	<b>THEORY:</b> <b>PRACTICAL:</b>
<b>MARKS:</b>	<b>MARKS</b>
<b>THEORY:</b> <b>PRACTICAL:25</b>	<b>THEORY:</b> <b>PRACTICAL:</b>
<b>PART-A</b>	<p>Note:- This consist of two parts: part A comprises of psychological testing and part B comprises of laboratory experiments</p> <p>(ANY ONE OF THE FOLLOWING)</p> <p>Psychological Testing :- Memory Scale</p> <p style="padding-left: 40px;">1) Achievement Motivation Test</p>
<b>PART-B</b>	<p>(ANY ONE OF THE FOLLOWING)</p> <p>Experiment:-</p> <p style="padding-left: 40px;">1) Effect of set on perception 2) Division of attention</p>



<b>SEC PSYCHOLOGY-I SEM</b>			
<b>COURSE CODE:</b>		<b>COURSE TYPE:SEC</b>	
<b>COURSE TITLE:</b>			
<b>PSYCHOLOGICAL COUNSELLING</b>			
<b>CREDIT: 3</b>		<b>HOURS:</b>	
<b>THEORY: 02</b>	<b>PRACTICAL: 01</b>	<b>THEORY:</b>	<b>PRACTICAL:</b>
<b>MARKS: 100</b>		<b>MARKS</b>	
<b>THEORY: 75</b>	<b>PRACTICAL:25</b>	<b>THEORY:</b>	<b>PRACTICAL:</b>
<b>UNIT-1</b>	Meaning & goal of Counselling, Stages, Characteristics of a good Counsellor Traits&ability. Factors affecting the counseling process: Area-(Personal counselling, Educational, Vocational guidance and career counseling family and marital counselling) Counsellor –Counselee relationship Ethical Consideration in counseling.		
<b>UNIT-2</b>	Approaches:- Psychodynamic, Behavioural, Cognitive behavioural approaches:- Models of Counselling Skills –Rogers, Carkhuff model of Counselling skills, IPR model of counseling training Indian model of counseling.		

Reference:-

1. Guidance and counseling – Rai A. &Asthana M.
2. Modern counseling psychology in hindi- Amarnath Rai & Madhu Asthana
3. Perspectives on indigenous psychology –Misra ,G.,& Mohanty
4. Handbook of counseling psychology- Brown ,S.,D.,&Lent R.W.



<b>DSC PSYCHOLOGY-II SEM</b>			
<b>COURSE CODE:</b>		<b>COURSE TYPE:DSC</b>	
<b>COURSE TITLE:</b>			
<b>GENERAL PSYCHOLOGY II</b>			
<b>CREDIT: 4</b>		<b>HOURS:</b>	
<b>THEORY: 03</b>	<b>PRACTICAL: 01</b>	<b>THEORY:</b>	<b>PRACTICAL:</b>
<b>MARKS: 100</b>		<b>MARKS</b>	
<b>THEORY: 75</b>	<b>PRACTICAL:25</b>	<b>THEORY:</b>	<b>PRACTICAL:</b>
<p>Note- 1) <b>OBJECTIVE TYPE QUESTIONS:-</b> Nine question to be carrying one marks each- 9*1=09            2) <b>VERY SHORT ANSWER TYPE QUESTIONS:</b> three questions to be asked carrying three marks each (word limit-70-100 words) 3*3=09            3) <b>SHORT ANSWER TYPE QUESTIONS:</b> Three questions to be asked. Three to be attempted carrying five marks each (word limit- 200-250 words) 5*3=15            4) <b>LONG ANSWER TYPE QUESTIONS:</b> Three questions to be asked. Three to be attempted carrying nine marks each (word limit – 500-600 words ) 9*3=27</p>			
<b>UNIT-1</b>	Perception: Meaning and Nature of Perception. Perceptual Organisation. Role of Personal factors in Perception. Social factors in perception .cultural factors in Perception. Illusion: types ,Difference Between Perception and Illusion .		
<b>UNIT-2</b>	Theories of Learning: Throndike, Insight theory, Verbal learning: Meaning and Nature, Materials used in The Study of Verbal learning. Forgetting: Nature and Concepts. Determinants and Causes of forgetting .		
<b>UNIT-3</b>	Personality: Determinants and Types of Personality. Theories of Emotions: James Jange theory ,Cannon bard theory.		

Reference:-

- 1) Baron, R.A.&Byrne, D.A. Understanding Behavior. Tokyo: Halt Sounders.
- 2) Zimbardo, P.G.Psychology. NewYork: Haper Collings College Publishers.
- 3) SAMANY MANOVIGYAN KI RUPREKHA-DR.ARUN KUMAR SING.
- 4) GENERAL PSYCHOLOGY – JANKI NURJAANI ,MEENA JAIN

**B.A. DSC PSYCHOLOGY-II SEM Practical  
COURSE OUT COME**

CO1- comprehensive understandings of psychological testing and lab experiments .

CO2- able to develop to to assecc personality and memory.

**PO CO MAPPING**

	PO1	PO2	PO3	PO4	PO5	PO6	PO7	PO8	PO9	P10	PO11	P12
CO1	✓											
CO2					✓							
CO3												
CO4												
CO5												
CO6												
CO7												
CO8												

<b>DSC PSYCHOLOGY-B.A. II SEM</b>			
<b>COURSE CODE:</b>		<b>COURSE TYPE:DSC</b>	
<b>COURSE TITLE:</b>			
<b>PRACTICALS IN GENERAL PSYCHOLOGY II</b>			
<b>CREDIT:</b>		<b>HOURS:</b>	
<b>THEORY:</b>	<b>PRACTICAL: 01</b>	<b>THEORY:</b>	<b>PRACTICAL:</b>
<b>MARKS:</b>		<b>MARKS</b>	
<b>THEORY:</b>	<b>PRACTICAL:25</b>	<b>THEORY:</b>	<b>PRACTICAL:</b>
	Note:- This consist of two parts: part A comprises of psychological testing and part B comprises of laboratory experiments.		
<b>PART-A</b>	(ANY ONE OF THE FOLLOWING) Psychological Test:- 1)Personality 2)Memory		
<b>PART-B</b>	(ANY ONE OF THE FOLLOWING) Experiment:- 1)Retroactive inhibition 2)Serial position curve		



<b>GE PSYCHOLOGY-II SEM</b>			
<b>COURSE CODE:</b>		<b>COURSE TYPE:GE</b>	
<b>COURSE TITLE:</b>			
<b>INTRODUCTION OF PSYCHOLOGY –II</b>			
<b>CREDIT: 4</b>		<b>HOURS:</b>	
<b>THEORY: 03</b>	<b>PRACTICAL: 01</b>	<b>THEORY:</b>	<b>PRACTICAL:</b>
<b>MARKS: 100</b>		<b>MARKS</b>	
<b>THEORY: 75</b>	<b>PRACTICAL:25</b>	<b>THEORY:</b>	<b>PRACTICAL:</b>
<p><b>Note- 1) OBJECTIVE TYPE QUESTIONS:-</b> Nine question to be carrying one marks each- 9*1=09  <b>2) VERY SHORT ANSWER TYPE QUESTIONS:</b> three questions to be asked carrying three marks each (word limit-70-100 words) 3*3=09  <b>3) SHORT ANSWER TYPE QUESTIONS:</b> Three questions to be asked. Three to be attempted carrying five marks each (word limit- 200-250 words) 5*3=15  <b>4) LONG ANSWER TYPE QUESTIONS:</b> Three questions to be asked. Three to be attempted carrying nine marks each (word limit – 500-600 words ) 9*3=27</p>			
<b>UNIT-1</b>	Intelligence: Concept and Nature, Types of Intelligence. Intelligence Quotient, Theories of Intelligence: Spearman, Thurston		
<b>UNIT-2</b>	Memory: Concept and Nature, Types of Memory. Emotion: Meaning and Characteristics. Classification of Emotion. Physiological Correlates of Emotions.		
<b>UNIT-3</b>	Personality: Meaning and Definition .Determinants of personality. Classification of Personality.		

Reference:-

- 1) Baron, R.A.&Byrne, D.A. Understanding Behavior. Tokyo: Halt Sounders.
- 2) Zimbardo, P.G .Psychology. NewYork: Haper Collings College Publishers.
- 3) SAMANY MANOVIGYAN KI RUPREKHA-DR.ARUN KUMAR SING.
- 4) GENERAL PSYCHOLOGY – JANKI NURJAANI ,MEENA JAIN



## II SEM .(G.E) (INTRODUCTION OF PSYCHOLOGY)

### practical

### COURSE OUT COME

CO1- comprehensive understandings of psychological testing and lab experiments .

Co2- able to develop to personality , E.Q. and memory.

#### PO CO MAPPING

	PO1	PO2	PO3	PO4	PO5	PO6	PO7	PO8	PO9	P10	PO11	P12
CO1	✓											
CO2					✓							
CO3												
CO4												
CO5												
CO6												
CO7												
CO8												

<b>GE PSYCHOLOGY-II SEM</b>	
<b>COURSE CODE:</b>	<b>COURSE TYPE:GE</b>
<b>COURSE TITLE:</b>	
<b>PRACTICALS IN INTRODUCTION OF PSYCHOLOGY –II</b>	
<b>CREDIT:</b>	<b>HOURS:</b>
<b>THEORY:</b>	<b>THEORY:</b>
<b>PRACTICAL: 01</b>	<b>PRACTICAL:</b>
<b>MARKS:</b>	<b>MARKS</b>
<b>THEORY:</b>	<b>THEORY:</b>
<b>PRACTICAL:25</b>	<b>PRACTICAL:</b>
<b>PART-A</b>	Note:- This consist of two parts: part A comprises of psychological testing and part B comprises of laboratory experiments.  (ANY ONE OF THE FOLLOWING)  Psychological Test:- 1)Personality 2)Emotional intelligence
<b>PART-B</b>	Experiment:- 1)Memory 2)Short term memory



<b>DSC PSYCHOLOGY-III SEM</b>			
<b>COURSE CODE:</b>		<b>COURSE TYPE: DSC</b>	
<b>COURSE TITLE:</b>		<b>SOCIAL PSYCHOLOGY</b>	
<b>CREDIT: 4</b>		<b>HOURS:</b>	
<b>THEORY: 03</b>	<b>PRACTICAL:</b>	<b>THEORY:</b>	<b>PRACTICAL:</b>
<b>01</b>			
<b>MARKS: 100</b>		<b>MARKS</b>	
<b>THEORY: 75</b>	<b>PRACTICAL:25</b>	<b>THEORY:</b>	<b>PRACTICAL:</b>
<p><b>Note- 1) OBJECTIVE TYPE QUESTIONS:-</b> Nine question to be carrying one marks each- 9*1=09  <b>2) VERY SHORT ANSWER TYPE QUESTIONS:</b> three questions to be asked carrying three marks each (word limit-70-100 words) 3*3=09  <b>3) SHORT ANSWER TYPE QUESTIONS:</b> Three questions to be asked. Three to be attempted carrying five marks each (word limit- 200-250 words) 5*3=15  <b>4) LONG ANSWER TYPE QUESTIONS:</b> Three questions to be asked. Three to be attempted carrying nine marks each (word limit – 500-600 words ) 9*3=27</p>			
<b>UNIT-1</b>	Definition and nature of Social Psychology. Methods of Social Psychology: Experimental, sociometry.		
<b>UNIT-2</b>	Stereotypes: Nature and determinants. Impression formation, Attitude: Nature , characteristics and attitude change. Social Facilitation. Social Comformity.		
<b>UNIT-3</b>	Prosocial Behaviour: Model and determinants. Aggression and social violence. Crowd. Interpersonal Attraction.		

**Reference:**

- 1- flag] v:.k dqekjA lekt euksfoKku dh :ijs[kkA eksrhyky cukj]hnkl izdk'kuA
- 2- feJk ,o tSuA leku euksfoKku ds ewy vk/kkjA e-iz- fgUnh xaFk vdknehA
- 3- f=ikBh] ykycpuA lekt euksfoKku dh :ijs[kkA gjizlkn HkxZo izdk'kuA
- 4- Baron, R.A. & Byrne, D. Social Psychology. New Delhi: Prentice Hall Pub.
- 5- Secord, P.F. & Backman, C.W. (1994). Social psychology. Magraw-Hill.
- 6- Samaj manovigyan- Arun Kumar Singh

**Practical**  
**B.A. (DSC)**  
**THIRD SEMESTER**  
**SOCIAL PSYCHOLOGY**  
**COURSE OUT COME**

CO1- comprehensive understandings of psychological testing and lab experiments .

Co2- able to develop to assecc aggression attitude , social facilitation and person perception.

PO CO MAPPING

	PO1	PO2	PO3	PO4	PO5	PO6	PO7	PO8	PO9	P10	PO11	P12
CO1	✓											
CO2							✓					
CO3												
CO4												
CO5												
CO6												
CO7												
CO8												

<b>DSC PSYCHOLOGY-III SEM</b>	
<b>COURSE CODE:</b>	<b>COURSE TYPE: DSC</b>
<b>COURSE TITLE:</b>	
<b>PRACTICALS IN SOCIAL PSYCHOLOGY</b>	
<b>CREDIT:</b>	<b>HOURS:</b>
<b>THEORY:</b> <b>PRACTICAL: 01</b>	<b>THEORY:</b> <b>PRACTICAL:</b>
<b>MARKS:</b>	<b>MARKS</b>
<b>THEORY:</b> <b>PRACTICAL:25</b>	<b>THEORY:</b> <b>PRACTICAL:</b>
<b>PART-A</b>	Note:- This consist of two parts: part A comprises of psychological testing and part B comprises of laboratory experiments.  (ANY ONE OF THE FOLLOWING)  Psychological Test:-  1)Aggression 2) Attitude 3) Stereotype
<b>PART-B</b>	Experiment:-  1) Social Facilitation  2)Effect of order of information on person perception



<b>DSEC PSYCHOLOGY-III SEM</b>			
<b>COURSE CODE:</b>		<b>COURSE TYPE: DSCE</b>	
<b>COURSE TITLE:</b>		<b>INDIVIDUAL PSYCHOLOGY</b>	
<b>CREDIT: 4</b>		<b>HOURS:</b>	
<b>THEORY: 03</b>	<b>PRACTICAL:</b>	<b>THEORY:</b>	<b>PRACTICAL:</b>
<b>01</b>			
<b>MARKS: 100</b>		<b>MARKS</b>	
<b>THEORY: 75</b>		<b>THEORY:</b>	<b>PRACTICAL:</b>
<b>PRACTICAL:25</b>			
<p><b>Note- 1) OBJECTIVE TYPE QUESTIONS:-</b> Nine question to be carrying one marks each- <math>9*1=09</math>  <b>2) VERY SHORT ANSWER TYPE QUESTIONS:</b> three questions to be asked carrying three marks each (word limit-70-100 words) <math>3*3=09</math>  <b>3) SHORT ANSWER TYPE QUESTIONS:</b> Three questions to be asked. Three to be attempted carrying five marks each (word limit- 200-250 words) <math>5*3=15</math>  <b>4) LONG ANSWER TYPE QUESTIONS:</b> Three questions to be asked. Three to be attempted carrying nine marks each (word limit – 500-600 words ) <math>9*3=27</math></p>			
<b>UNIT-1</b>	<p><b>Personality:</b> Nature of personality; Biological foundations of personality; Culture, gender and personality; Perspectives on personality: Psychodynamic, Phenomenological-humanistic, Trait and type.</p>		
<b>UNIT-2</b>	<p><b>Intelligence:</b> Concept of intelligence: Psychometric and cognitive approaches to intelligence  Gardner's multiple intelligences; Emotional Intelligence, Heredity, environment and intelligence; Group differences in intelligence; Extremes of intelligence.</p>		
<b>UNIT-3</b>	<p><b>Enhancing individual's potential:</b> Motivation: Intrinsic motivation and Self-determination theory; Enhancing cognitive potential, Self regulation and self enhancement.</p>		

### Readings:

1. Chadha, N.K. & Seth, S. (2014). *The Psychological Realm: An Introduction*. Pinnacle Learning, New Delhi.
2. Carr, A. (2011). *Positive psychology*. Routledge.
3. Ciccarelli, S.K., & Meyer, G.E. (2010). *Psychology: South Asian Edition*. New Delhi: Pearson Education.
4. Cornelissen, R.M.M., Misra, G. & Varma, S. (2011). *Foundations of Indian Psychology*, Vol 1. Pearson.
5. Gregory, R.J. (2006). *Psychological Testing: History, Principles, and Applications (4<sup>th</sup> Ed.)*. New Delhi: Pearson Education.
6. Mentis, M., Dunn-Bernstein, M., Mentis, M., & Skuy, M. (2009). *Bridging learning: Unlocking cognitive potential in and out of the classroom*. Corwin.
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## Practical

B.A. (DSEC)

THIRD SEMESTER

INDIVIDUAL PSYCHOLOGY

### COURSE OUT COME

CO1- comprehensive understandings of psychological testing and lab experiments .

Co2- able to develop to assecc personality and intelligence.

#### PO CO MAPPING

	PO1	PO2	PO3	PO4	PO5	PO6	PO7	PO8	PO9	P10	PO11	P12
CO1	✓											
CO2						✓						
CO3												
CO4												
CO5												
CO6												
CO7												
CO8												

DSCE PSYCHOLOGY-III SEM			
<b>COURSE CODE:</b>		<b>COURSE TYPE: DSCE</b>	
<b>COURSE TITLE:</b>		<b>INDIVIDUAL PSYCHOLOGY</b>	
<b>CREDIT: 4</b>		<b>HOURS:</b>	
<b>THEORY: 03</b>	<b>PRACTICAL:</b>	<b>THEORY:</b>	<b>PRACTICAL:</b>
<b>01</b>			
<b>MARKS: 100</b>		<b>MARKS</b>	
<b>THEORY: 75</b>	<b>PRACTICAL:25</b>	<b>THEORY:</b>	<b>PRACTICAL:</b>
<b>UNIT-1</b>	psychological testing and lab experiments .		
<b>UNIT-2</b>	able to develop to assecc personality and intelligence.		





<b>DSC PSYCHOLOGY-IV SEM</b>			
<b>COURSE CODE:</b>		<b>COURSE TYPE: DSC</b>	
<b>COURSE TITLE:</b>		<b>PSYCHOPATHOLOGY</b>	
<b>CREDIT: 4</b>		<b>HOURS:</b>	
<b>THEORY: 03</b>	<b>PRACTICAL:</b>	<b>THEORY:</b>	<b>PRACTICAL:</b>
<b>01</b>			
<b>MARKS: 100</b>		<b>MARKS</b>	
<b>THEORY: 75</b>	<b>PRACTICAL:25</b>	<b>THEORY:</b>	<b>PRACTICAL:</b>
	<p>Note- 1) <b>OBJECTIVE TYPE QUESTIONS:-</b> Nine question to be carrying one marks each- 9*1=09</p> <p>2) <b>VERY SHORT ANSWER TYPE QUESTIONS:</b> three questions to be asked carrying three marks each (word limit-70-100 words) 3*3=09</p> <p>3) <b>SHORT ANSWER TYPE QUESTIONS:</b> Three questions to be asked. Three to be attempted carrying five marks each (word limit- 200-250 words) 5*3=15</p> <p>4) <b>LONG ANSWER TYPE QUESTIONS:</b> Three questions to be asked. Three to be attempted carrying nine marks each (word limit – 500-600 words ) 9*3=27</p>		
<b>UNIT-1</b>	The concept of Normality and Abnormality; Models of Psychopathology: Psychodynamic, Behavioral and Cognitive. Panic Disorder, Phobias, Obsessive Compulsive Disorder (OCD), and Generalized Anxiety Disorder (GAD).		
<b>UNIT-2</b>	Mood Disorders: Manic-Depressive Episode and Dysthymia; Personality Disorders: Paranoid, Schizoid, and Dependent Personality Disorder		
<b>UNIT-3</b>	Stress Management; Medico and Psychosocial Therapy: Shock therapy, Psychoanalysis, Group therapy and Behavior therapy.		

Reference:

1. Lamm, A. (1997). Introduction to psychopathology. NY: Sage.
2. Buss, A. H. (1999). Psychopathology. NY: John Wiley.
- 3 fl ag rFkk frokjhA vlkekU; euk sfoKkuA vkxjk: fouk sn iqLrd Hk.MkjA
- 4 dfiy] ,p- ds-A vlkekU; euksfoKkuA vkxjk: gjizlkn HkxZoA

## Practical

B.A. (DSc)

FOURTH SEMESTER

PSYCHOPATHOLOGY

### COURSE OUT COME

CO1- comprehensive understandings of psychological testing and lab experiments .

Co2- able to to assecc practically about the stress anxiety and depression.

#### PO CO MAPPING

	PO1	PO2	PO3	PO4	PO5	PO6	PO7	PO8	PO9	P10	PO11	P12
CO1	✓											
CO2												
CO3												
CO4				✓								
CO5												
CO6												
CO7												
CO8												

DSC PSYCHOLOGY-IV SEM			
<b>COURSE CODE:</b>		<b>COURSE TYPE: DSC</b>	
<b>COURSE TITLE:</b>		<b>PSYCHOPATHOLOGY</b>	
<b>CREDIT: 4</b>		<b>HOURS:</b>	
<b>THEORY: 03</b>	<b>PRACTICAL:</b>	<b>THEORY:</b>	<b>PRACTICAL:</b>
<b>01</b>			
<b>MARKS: 100</b>		<b>MARKS</b>	
<b>THEORY: 75</b>	<b>PRACTICAL:25</b>	<b>THEORY:</b>	<b>PRACTICAL:</b>
<b>UNIT-1</b>	able to to assecc practically about the stress anxiety and depression.		
<b>UNIT -2</b>	Psychopathology testing and experiments.		



<b>DSEC PSYCHOLOGY-IV SEM</b>			
<b>COURSE CODE:</b>		<b>COURSE TYPE: DSCE</b>	
<b>COURSE TITLE:</b>		<b>POSSITIVE PSYCHOLOGY IN DAY TO DAY LIVING</b>	
<b>CREDIT: 4</b>		<b>HOURS:</b>	
<b>THEORY: 03</b>	<b>PRACTICAL:</b>	<b>THEORY:</b>	<b>PRACTICAL:</b>
<b>01</b>			
<b>MARKS: 100</b>		<b>MARKS</b>	
<b>THEORY: 75</b>	<b>PRACTICAL:25</b>	<b>THEORY:</b>	<b>PRACTICAL:</b>
<p><b>Note- 1) OBJECTIVE TYPE QUESTIONS:-</b> Nine question to be carrying one marks each- <math>9*1=09</math>  <b>2) VERY SHORT ANSWER TYPE QUESTIONS:</b> three questions to be asked carrying three marks each (word limit-70-100 words) <math>3*3=09</math>  <b>3) SHORT ANSWER TYPE QUESTIONS:</b> Three questions to be asked. Three to be attempted carrying five marks each (word limit- 200-250 words) <math>5*3=15</math>  <b>4) LONG ANSWER TYPE QUESTIONS:</b> Three questions to be asked. Three to be attempted carrying nine marks each (word limit – 500-600 words ) <math>9*3=27</math></p>			
<b>UNIT-1</b>	<p><b>Historical and philosophical foundations</b></p> <p>Applied positive psychology: Historical, philosophical, and epistemological perspectives.Existential dimensions of Positive Psychology; the salutogenic paradigm.</p>		
<b>UNIT-2</b>	<p><b>Good life-values and choices</b></p> <p>The science of values in the culture of consumption.  Values and well-being. . Self-determination theory and healthy self-regulation.  Prospects, practices, and prescriptions for pursuit of happiness. The paradox of</p>		
<b>UNIT-3</b>	<p><b>Lifestyle practices for health and well-being</b></p> <p>Positive psychology and life coaching. Health psychology and positive psychology..</p>		

**Practical**  
**B.A. (DSEC)**  
**FOURTH SEMESTER**  
**POSSITIVE PSYCHOLOGY IN DAY TO DAY LIVING**

**COURSE OUT COME**

CO1- comprehensive understandings of psychological testing and lab experiments .  
 Co2- able to to assecc happiness and hope SQ and life satisfaction.

PO CO MAPPING

	PO1	PO2	PO3	PO4	PO5	PO6	PO7	PO8	PO9	P10	PO11	P12
CO1	✓											
CO2						✓						
CO3												
CO4												
CO5												
CO6												
CO7												
CO8												

<b>DSEC PSYCHOLOGY-IV SEM</b>	
<b>COURSE CODE:</b>	<b>COURSE TYPE:DSC</b>
<b>COURSE TITLE:</b>	
<b>POSSITIVE PSYCHOLOGY IN DAY TO DAY LIVING</b>	
<b>CREDIT:</b>	<b>HOURS:</b>
<b>THEORY:</b>	<b>THEORY:</b>
<b>PRACTICAL: 01</b>	<b>PRACTICAL:</b>
<b>MARKS:</b>	<b>MARKS</b>
<b>THEORY:</b>	<b>THEORY:</b>
<b>PRACTICAL:25</b>	<b>PRACTICAL:</b>
<b>PART-A</b>	Note:- This consist of two parts: part A comprises of psychological testing and part B comprises of laboratory experiments.
<b>PART-A</b>	(ANY ONE OF THE FOLLOWING)  Psychological Test:-  1)Hope scale  2)happiness

**PART-B**

(ANY ONE OF THE FOLLOWING)

Experiment:-

- 1)spiritual intelligence
- 2)life satisfaction scale



DSC PSYCHOLOGY-IV SEM			
COURSE CODE:		COURSE TYPE: DSC	
COURSE TITLE			
<b>CREDIT: 4</b>		<b>HOURS:</b>	
<b>THEORY: 03</b>	<b>PRACTICAL:</b>	<b>THEORY:</b>	<b>PRACTICAL:</b>
<b>01</b>			
<b>MARKS: 100</b>		<b>MARKS</b>	
<b>THEORY: 75</b>	<b>PRACTICAL:25</b>	<b>THEORY:</b>	<b>PRACTICAL:</b>
<p><b>Note- 1) OBJECTIVE TYPE QUESTIONS:-</b> Nine question to be carrying one marks each- <math>9*1=09</math>  <b>2) VERY SHORT ANSWER TYPE QUESTIONS:</b> three questions to be asked carrying three marks each (word limit-70-100 words) <math>3*3=09</math>  <b>3) SHORT ANSWER TYPE QUESTIONS:</b> Three questions to be asked. Three to be attempted carrying five marks each (word limit- 200-250 words) <math>5*3=15</math>  <b>4) LONG ANSWER TYPE QUESTIONS:</b> Three questions to be asked. Three to be attempted carrying nine marks each (word limit – 500-600 words ) <math>9*3=27</math></p>			
<b>UNIT -1</b>	Statistics: Meaning and Application in psychology; Nature of Score, Frequency Distribution; Graphic representation of data. Measures of Central Tendency: Mean, Median and Mode of grouped and ungrouped data.		
<b>UNIT-2</b>	Measures of Variability: Range, Standard Deviation (S.D.), Quartile Deviation (Q.D.), Average Deviation (A.D.), Applications of the measures of central tendency and variability. Correlation: Concept, Types and Methods- Rank Difference and Product Moment (in ungrouped data).		
<b>UNIT-3</b>	Inferential statistics: Concept of Null Hypothesis; Level of Significance; Type-I Error & Type-II Error, t-test (for uncorrelated data). Distribution-free statistics: Chi-square test, Applications of Computer in psychological statistics.		

**Reference:**

1. Siegel, S. (1994). Non parametric statistics. New York: Mcgraw Hill.
2. Garret. Statistics in Psychology and Education. Times of India Publisher.
3. dfiy, ,p- d-s A lkfa [;dh ds eyw rRoA
- 4 xSjsVA euksfoKku ,oa f'k{kk esa lkaf];dhA



